

QUALITY CONTROL TESTS FOR IRON, VITAMIN A AND C, AND FOLIC ACID

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FORTIFICATION: CHALLENGES





consumer

Are products accepted Are products bought? Are products consumed? Micronutrient status? => Continuous monitoring system needed!



2

WHO HAS ALREADY HEARD OF AES, AAS OR ICP?

WHO IS ABLE TO EXPLAIN THESE TECHNIQUES?







AES = Atomic Emission Spectrophotometry

AAS = Atomic Absorption Spectrophotometry





Atomic **Absorption** Spectrophotometry



SETUP OF AN ATOMIC ABSORPTION SPECTROPHOTOMETER





Δ absorption





Inductively Coupled Plasma (ICP)



PRINCIPLE BEHIND ICP-OPTICAL EMISSION Spectrophotometry





ADVANTAGES

- Many mineral components can be determined in one single run (Fe, Br, Ca, Cu, Mg, Mn, N, K, S, Zn,...)
- Relatively low cost per run
- Sample preparation is not that complex or time consuming
- Accuracy of \pm 7 to \pm 30 %

DISADVANTAGES

- **Device and maintenance** USD + 1000 USD/year)
- technician
- **Requires standard curve** and frequent (elaborate) calibration should be performed



costs are very high (> 50000 Need for a trained laboratory









Vitamin A and B9 (Folic Acid)

HPLC is the most precise way to quantitatively determine concentrations of vitamin A and folic acid







FAST CONTROL TEST







Iron spot test

Solution A: Thiocyanate / HCI
Solution B: hydroperoxide

Ferreus fumarate = Fe^{2+} Fe²⁺ \rightarrow Fe³⁺ Fe³⁺ + thiocyanate = red dot

NaFeEDTA = Fe^{3+} Fe³⁺ + thiocyanate = red dot







Low concentration

Higher concentration



Vitamin C – Ascorbic acid

- 1. Solution A: Ferric sulphate and sulphuric acid
- 2. Solution B: Potassium ferricyanicde

Oxidation-reduction reaction leads to the formation of a blue color complex

→ Semi-quantitative

GHENT

IINIVFRSITY

QC check to look if flour improvers are added (correctly). Ascorbic acid is no flour fortificant





FAST MEASURING TECHNIQUES FOR FORTIFICANTS









BioAnalyt measure for life



ICHECK - ICP

GHENT



er Future

14







- Premix is composed of different components
- Every component requires a well established methodology: AES, AAS, ICP, HPLC
- Requires trained personnel
- Fast methods have been developed



ponents ablished





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