Session 3: Effectiveness Estimate (2nd Orange Cell)

Defining Effectiveness:

- % of consumers who will be protected by added dose of MNM
- Dose is variable. What is Sufficient Dose?
 - Fortification Level : Set level based on average consumption
 Limited by Product, Change, Cost, Safety
- Varying Human Needs: 2 WHO Effectiveness Benchmarks
 - EAR Average Needs: 100% of EAR = 50%
 - RNI Based on 2 SD's above average: 100% of RNI = 97.5%
- Fortified Flour is a Food not a medicine
 - Consumption and dose will be very variable.



Nutrient	Flour Extraction Rate	Compound	Level of nutrient to be added in parts per million (ppm) by estimated average per capita wheat flour availability (g/day) ¹						
			<75² g/day	75-149 g/day	150-300 g/day	>300 g/day			
Iron	Low	NaFeEDTA	40	40	20	15			
		Ferrous Sulfate	60	60	30	20			
		Ferrous Fumarate	60	60	30	20			
		Electrolytic Iron	NR ³	NR ³	60	40			
	High	NaFeEDTA	40	40	20	15			
Folic Acid	Low or High	Folic Acid	5.0	2.6	1.3	1.0			
Vitamin B ₁₂	Low or High	Cyanocobalamin	0.04	0.02	0.01	0.008			
Vitamin A	Low or High Vitamin A Palmitate		5.9	3	1.5	1			
Zinc ⁴	Low	Zinc Oxide	95	55	40	30			
	High	Zinc Oxide	100	100	80	70			

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	A				В					С				
29	/itamin A Protection													
30	Level of Vitamin A in PPM (mg/kg)			3										
31	Expected Retention			70%										
32	Added ug/dy Vitamin A per Average Child 6-59 m			85					Calculated					
33	WHO Estimated Average Requirement/Day			304					WHO					
34	% WHO EAR			28% (Calculated	1				
35	WHO RNI			425				425	WHO					
36	% WHO RNI			20% Calculated										
37														
	Risk Group			Coverage (From Cons Cov)					Effectiv			e for Targ	et	
	IDA Adult Women			40%						20%				
	IDA Pregnant Women			40%					5%					
	IDA Children 6 months - 5 years			40%					30%					
42	NTD Births			40%						50%				
	Vitamin A Deficiency Chi	Idren Ages 6-59 mont	hs					40%		20%	<mark>/</mark> 0			