

# FOOD FORTIFICATION IN ZAMBIA

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National Food and Nutrition Commission

Training Workshop on Quality Assurance and Quality Control for Flour  
Fortification

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# Where we are

- Sugar being fortified with vitamin A since 1998
- Plans to fortify wheat flour and oil and maize
- Voluntary Fortification of wheat flour already in the Food and Drug Act (Regulation 321, of SI No. 90 of 2001).
- Voluntary fortification of maize meal also already in the Food and Drug Act ( Regulation 330, of SI No. 90 of 2001)



# Where we are

- 30 Commercial millers already equipped with 2 microdosifiers each
- Draft SI available
- Advocacy Plan available
- Training manual for millers available



# Where we hope to be

- Fortify all the 4 identified food vehicles
  - Sugar
  - Wheat
  - Oil
  - Maize



# How Long it will take to get there

- Review the Advocacy Plan
- Implement the Advocacy Plan
- Review the Draft SI taking into account results from the Food Consumption and Micronutrient Survey
- Review the Training Manual for millers



# How Long it will take to get there

- Establish a system to authorize and check quality of premix (ZMRA or FDCL)
- Auditing and Inspection of factories to be agreed upon (ZABS or MoH or Local Authority)
- Inspection of fortified food on the market MoH/Local Authority



# How Long it will take to get there

- Strengthen FDCL to give analytical support for food inspection
- Establish a permanent monitoring system

