

REPUBLIC OF RWANDA



Food Fortification Regulation in Rwanda

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Food Fortification Regulation

FF refers to the practice of deliberately increasing the content of vitamins and/or minerals in food so as to improve the nutritional quality of the food supply and provide a public health benefit with minimal risk to health (WHO/FAO 2006). Forms of FF

1. Mass fortification
2. Target fortification
3. Market driven FF

Foods commonly imported or manufactured in Rwanda i.e. rice, maize flour, sugar, potatoes, cooking oil and salt, lack adequate nutrients to support the growth and development of the human body.

Maize milling in Rwanda

According to Association of Maize Millers In Rwanda (AMMIRWA), Rwanda records:

- ❖ 20 major maize millers i.e. >200MT/week with only one milling >100MT/24hours
- ❖ 30 medium maize millers i.e. 50-200MT/week
- ❖ >250 small maize millers < 50MT/week

Most of these maize milling companies are hammer mills

Maize milling in Rwanda



Minimex Ltd; the leading maize miller in Rwanda with a capacity of 144MT/day.

Existing regulation

- Law No47/2012 of 14/01/2013 regulating food and pharmaceutical products provides for an Order of the Minister to set out instructions regulating food products and their composition (Article 5). It silent about fortification

Existing regulation

- The Legislative Order n° 57/A.E. of 10/05/1940 Establishing regulations of commerce, detention and consumption of foodstuffs is also silent on food fortification is obsolete and is undergoing amendments, fortified products are expected to be included.
- Presidential Order N° 67/01 of 20/10/2009 on Food Supplements revised the Legislative Order is the Establishing but does not cover food fortification.

FROM RFMA TO RICA

- The responsibility of ensuring that food on Rwandan market meets national and international standards was handed to the Rwanda Food and Medicines Authority (RFMA) which was put on hold pending approval of the Rwanda Inspectorate and Competition Authority (RICA).
- Ministerial instructions (drafted in July) on fortification waiting for approval

Establishment of a Committee to Oversee Fortification

- In the absence of a competent regulatory authority to regulate food supplements and fortification, a desk in the Ministry of Health to oversee and advise on matters relating to fortification at national level.

Challenges

- Voluntary fortification
- Awareness
- Cost
- Small millers > larger mills
- Technology

Murakoze cyane

Thank you

Merçi beaucoup

Obrigado

Asante sana